

## 2021 TREATMENT & RECOVERY PROGRAMMES | FEE STRUCTURE

### MEDICAL DETOX ONLY: R2,500.00/day

- **MINIMUM** 5-day medically assisted detox programme.
- There will be additional charges for certain medication (if required).
- Alcohol/benzo detox will require a minimum admission of seven days, but this might be longer & is based on medical advice from the admitting doctor for patient safety.
  - This admission is done at the discretion of the treating physician and may require a hospital detox period prior to treatment admission.
- Psychiatric and chronic medications are not included in the cost of the medical admission.

### 3-WEEK INPATIENT TREATMENT PROGRAMME: R44,950.00

- 3- to 14-day medically assisted detox programme to run concurrently with inpatient treatment.
- Psychiatric and chronic medications are not included in the cost of the medical admission.
- 21-day cognitive behavioural, inpatient programme.
- **Including 11 Months Recovery Wellness aftercare & maintenance programme.**
- A private room (if available) for the duration of the programme at a single supplement of **R1,450/day**.

### 6-WEEK INPATIENT TREATMENT PROGRAMME: R90,950.00

- 3- to 14-day medically assisted detox programme to run concurrently with inpatient treatment.
- Psychiatric and chronic medications are not included in the cost of the medical admission.
- 6-week cognitive behavioural, inpatient programme.
- **including 10 months recovery wellness aftercare & Maintenance Programme.**

### FOUNDATION HOUSE REINTEGRATION PROGRAMME: R31,950/MONTH

- A monthly reintegration programme to assist with transition from inpatient treatment to independent living.
- Participation in and access to education-, coaching-, occupational- and support groups.
- Individual coaching support for goal setting, action planning & weekly scheduling.
- Recovery Wellness aftercare and outpatient programme five days/week.
  - Recovery Wellness Programme will be available for the balance of 12 months on any programme 4 weeks.
- Semi-independent living including accommodation & meals.
- ***Clients may only complete a reintegration programme if they have completed a 24-day inpatient programme.***

*The Foundation Clinic* PR0470000281360

41 Pretoria Street, Oaklands, Johannesburg

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#### **FOUNDATION HOUSE - INDEPENDENT RECOVERY LIVING: R11,950/MONTH**

- Monthly shared accommodation, including all meals, cleaning, laundry and free Wi-Fi.
- Pool, café and gym on the property.
- Recovery Wellness aftercare and outpatient programme @ R10,950.00 (reduced fee) for 12 months' access.
- Independent living within the safety and security of a managed, recovery-orientated living environment.
- ***Clients may only move into the halfway house if they have completed an inpatient and reintegration programme.***

#### **EXTENDED RECOVERY WELLNESS OUTPATIENT PROGRAMME: R29,950.00**

- 21-day extended outpatient programme.
- Non-residential outpatient programme focusing on adult education and recovery coaching.
- Clients will have full access to the Foundation Clinic's programme from 1:00 – 6:00pm (Monday – Friday) and 1:00pm – 5:00pm (Friday).
- The programme will include individual recovery coaching sessions for goal setting, action planning & weekly scheduling.
- On completion of the 3-week programme, clients will have continued access the Recovery Wellness Programme as part of their ongoing support and development.

#### **RECOVERY WELLNESS OUTPATIENT PROGRAMME: R14,950.00**

- Recovery coaching, adult education and peer support programme.
- Three-week core coaching programme with educational content.
- Continued access for 12 months following initial 3-week programme.
- Introduction to models, tools, practices and approaches to develop recovery resources to support long-term, purposeful recovery.

#### **INDIVIDUAL SOCIAL WORK SESSIONS**

- R550 – R1,200/session
- Contracted to medical aids, depending on personal plan and prescribed minimum benefits.
  - Please check your savings plan and PMBs prior to admission.
  - ***If savings or benefits are depleted there will be an additional charge for sessions with the clinical social worker.***
  - Inpatient sessions will be charged at medical aid rates with approved medical schemes.

#### **INDIVIDUAL RECOVERY COACHING SESSIONS**

- R550 – R1,500/hour
- NOT claimable on medical aid and need to be settled in cash.
- Please contract independently with coaches regarding post-treatment sessions.

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**There is a R3,000.00 patient management fee (PMF) payable on ALL MEDICAL AID ADMISSIONS**

- NO psychiatric, chronic or long-term medication costs are covered by the clinic. If these medications are NOT covered by medical aid, they will need to be settled by the client. No upfront payments for these medications will be made by the clinic.
- Maintenance medication (e.g., methadone, suboxone, Subutex, Antabuse) ***IS NOT covered by medical aid and needs to be settled by the client prior to medication being delivered. These medications are not included in the cost of the programme.***
- Self-payment gaps may vary depending on the medical aid PMBs, but we are able to discuss payment plans and financial arrangements. The figures outlined are just a guideline and may vary according to your medical aid.

Medically Assisted Detox   R2,500/day Cash   Medical Aid + R3,000 Patient Management Fee
3-Week Treatment Programme   R44,950 Cash   Medical Aid + SELF-PAYMENT*
6-Week Treatment Programme   R90,950 Cash   Medical Aid + SELF-PAYMENT*
1-Month Recovery Reintegration Programme   R31,950 Cash   Medical Aid + SELF-PAYMENT*
1-Month Halfway House Programme   R11,950 Cash
3-Week Extended Recovery Wellness Outpatient Programme   R29,950 Cash   Cannot use medical aid for outpatient
Recovery Wellness Outpatient Programme   R14,950 Cash   Cannot use medical aid for outpatient
<p><b>*The self-payment amount includes the R3,000.00 patient management fee which is applicable to MEDICAL AID admissions. PMF must be paid on admission for cash and medical aid clients. Cash payments include the patient management fee.</b></p> <ul style="list-style-type: none"> <li>• <b><i>Financial arrangements and payment plans must be discussed prior to admission.</i></b></li> <li>• All payment plans require that the individual responsible for the account sign an Acknowledgment of Debt and supply a copy of their ID document/card.</li> <li>• Please discuss the financial arrangements of your treatment PRIOR to admission.</li> <li>• A cash payment of R39,000 is required on the 24-day inpatient programme on admission, with the balance payable PRIOR to discharge.</li> </ul> <p><b>MEDICAL AID:</b></p> <ul style="list-style-type: none"> <li>• Inpatient treatment Prescribed Minimum Benefits (PMBs) are 21- to -24-days on most medical aids. <ul style="list-style-type: none"> <li>o Secondary programmes can be charged to your medical aid under the 21- to 24-day allowance.</li> </ul> </li> </ul>

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- Programmes exceeding 24 days will be claimed after the initial 21- to 24-day period.
- No additional medical aid days will be claimable after your discharge or RHT if the 21- to 24-day period has been exceeded.
- There are individual rules associated with some of the medical aids regarding pre-admission, medical paperwork and authorisation/approval.
- Please contact your medical aid and inquire about your personal benefits PRIOR to admission. The medical aid administrators will supply you with the required codes for your inquiry.
- ***We are contracted to medical aids, but settlement of the invoice is ultimately the responsibility of the financially responsible individual.***
- Your medical aid needs to be active on the date of programme completion for the medical aid to settle the claim.
- If we have a designated service provider agreement your medical aid scheme, then we will discuss the requirements of your scheme with you prior to admission.
- ***Certain individual therapy and medical consultations are NOT included in the programme costs and will be drawn from the individual's IN-CLINIC medical benefits. If your savings/PMS are depleted, you will be charged at medical aid rates for the sessions.***

#### DISCOVERY

- Discovery pays the Discovery Health Rate (DHR) of R1,326/day for 24 days = R31,824.00.
- Discovery clients will be required to pay:
- Cash payment for treatment = R16,824.00 (Co-payment + R3,000 patient management fee)

#### Designated Service Providers

- We have arrangements with GEMS, Bonitas and Polmed.
- No co-payment is required for these medical aids.
- There is a patient management fee of R3,000 required on admission.

#### Other Medical Aids

- The rates paid from other medical aids vary and this will be discussed with you.
- The normal rate of cover is  $\pm$  80% of the cost of treatment.
- Cash payment for treatment = R12,000 (Co-payment + R3,000 patient management fee)

**We strongly recommend that you contact your medical aid and inquire about your prescribed minimum benefits for substance use rehab treatment. There may be benefits on your plan which you are unaware of especially with regards to therapy if you have a mental health diagnosis. These benefits can often be used to cover therapy/counselling sessions.**

**Fatima and Mureeda are able to assist you with all medical aid and financial inquiries. ALL financial arrangements will be made by them.**

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Please feel free to contact us should you have any queries or need additional information.

**OFFICE** | (010)900-3131

**AFTER HOURS & EMERGENCY** | (061)526-0581

**EMAIL** | [info@thefoundationclinic.co.za](mailto:info@thefoundationclinic.co.za)

**WEBSITE** | [www.thefoundationclinic.co.za](http://www.thefoundationclinic.co.za)

**Credit Card facilities are available at the clinic.**

EFT payments can be made to:

THE FOUNDATION CLINIC

FIRST NATIONAL BANK

BRANCH NAME: WIERDA VALLEY

BRANCH CODE: 258-624

ACCOUNT NUMBER: 62103201357

REFERENCE: CLIENT NAME

Please email proof of payment to: [info@thefoundationclinic.co.za](mailto:info@thefoundationclinic.co.za). All invoices have medical/tariff codes and any payments made can be submitted as medical expenses on your annual tax return. Please request a hard copy of your invoice if required. Alternatively, your invoice will be emailed to you.

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